Be aware of cystitis.
There is a need to fill the gap between doctors’ perceptions and patients’ needs in the field of recurrent cystitis.

The Recurrent Cystitis Awareness Program (RECAP) board is a panel of 10+ international experts in urological infections, who have worked together to develop an educational tool summarising the latest data on diagnosis, management and prevention of rUTIs.

Raise awareness of rUTIs, with a focus on recurrent cystitis. As well as creating medical ambassadors able to spread knowledge of best practice in the management of cystitis, to lower disease burden on healthcare systems and patients.

By achieving consensus on disease management, disseminating guidelines, promoting the use in clinical practice of simple tools for diagnosis and risk prediction and by helping patients to seek the best care possible.

Improve the dialogue between doctors and patients, as well as their quality of life!

A word from the expert:

RECAP genesis

Prof. José Tiran Saucedo
Infectious Disease Gynaecologist, Mexico

WATCH THE VIDEO
Almost 1 in 2 women will have **cystitis** in their lifetime.

Of these, 1 in 3 will suffer from at least one recurrence.

Antibiotic treatments are used too often.

Antibiotic-resistant infections could cause **10 million deaths** per year by 2050.

Physicians’ involvement can be too low compared to patients’ expectations.

Why RECAP is born?

High unmet needs in the recurrent cystitis area

A word from the patients:

*How do they really feel?*

[WATCH THE VIDEO](#)
What is RECAP ultimate goal?
Raise awareness of recurrent cystitis

With the goal of **bridging the gap** between health care professionals’ perceptions...

...and **patients’ needs**, in order to **improve** the quality of medical care and women’s lives.

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A word from the expert:
**RECAP ultimate goal**

Prof. Agnaldo Lopes da Silva Filho
Gynaecologist, Brazil

WATCH THE VIDEO
Want to know more? Have a look at our videos

Health Care Professional

Patient

WATCH THE VIDEO

WATCH THE VIDEO
A unique toolkit, designed to help both doctors and patients

RECAP is the ideal tool for discussing the various aspects of recurrent cystitis, such as:

- Disease Burden
- Diagnosis & Prognosis
- Disease Management
- Antimicrobial Resistance & Stewardship
- and many more...

A word from the expert: A call for action

Prof. Gernot Bonkat
Urologist, Switzerland

WATCH THE VIDEO
A unique toolkit, coming with different kind of materials

Become a local medical ambassador and spread your knowledge thanks to:

- **Insightful interactive PDFs** for congresses or advisory boards
- **Self-explanatory infographic posters** for your waiting rooms and flyers distributed to your patients
- **Multimedia and interactive leaflets** to efficiently inform your patients and colleagues
- **Digital questionnaires** to simplify diagnosis and risk assessment
- **Video interviews** in which experts address the key issues in a sensitive way
- **A website** to retrieve anything you and your patients want to know about cystitis

INTERACTIVE PDF
INFOGRAPHIC POSTERS
LEAFLETS
DIAGNOSIS (ACSS)
VIDEO INTERVIEWS
WWW.RECAP-CYSTITIS.COM
RECURRENCES (LUTIRE)
What are the basis for improved management of recurrent cystitis?

Accurate diagnosis

Awareness of global antimicrobial resistance

Following guidelines recommendations

A word from the expert:
Women should be supported

Prof. Kurt G. Naber
Urologist, Germany

WATCH THE VIDEO
RECAP is for both...

**Health Care Professionals**
- Latest information available on recurrent cystitis within the **website**
- Facilitated communication with patients thanks to **leaflets & digital questionnaires**
- **Infographics** to be displayed in waiting rooms
- **Interactive PDFs** to be used for round tables or hospital trainings, to discuss several topics about recurrent cystitis and its environment within peers
- **Expert’s videos interviews** to address key issues

**...and patients**
- Latest information available on recurrent cystitis within the **website**
- Improved & facilitated access diagnosis thanks to **digital questionnaires**
- Simple **infographic** to help differentiate facts from myths
RECAP is live!

The RECAP-Website

WWW.RECAP-CYSTITIS.COM

Scientific publications

Digital questionnaires

QUALITY OF LIFE

DIAGNOSIS (ACSS)

RECURRENCES (LUTIRE)

SOCIAL MEDIAS

CONGRESS & OTHER EDUCATIONAL EVENTS

Switzerland (Swiss local initiative)

Mexico (Mexican local initiative)

Peru (CAU congress, Peruvian local initiative)

Paraguay (FLASOG congress)

Russia (Russian urological school)

Australia (FIGO virtual booth)
RECAP (REcurrent Cystitis Awareness Program) is endorsed by a panel of 10+ international experts in urological infections *

For more information, contact us:

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* The opinions presented within this educational material are those of the RECAP board and not those of OM Pharma. Members of the panel of international experts, include: Jose Tiran Saucedo (Mexico), Yvette León (Mexico), Gernot Bonkat (Switzerland), Kurt G. Naber (Germany), Florian ME. Wagenlehner (Germany), J.C. Nickel (Canada), Flavia Rossi (Brazil), Enrique Ubertazzi (Argentina), Agnaldo L. da Silva Filho (Brazil), Tamara S. Perepanova (Russia), Bela Koves (Hungary) & Tommaso Cai (Italy).

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